

Welcome to Dental School 101

Teaching! Teaching! What
Were You Thinking?

Motivation Basics

- Two types of motivation
 - Intrinsic motivation occurs when people are internally motivated to do something because it either brings them pleasure, they think it is important, or they feel that what they are learning is significant.
 - Extrinsic motivation comes into play when a student is compelled to do something or act a certain way because of factors external to him or her (like money or good grades).
- When is intrinsic motivation in education at its peak? 3rd grade.

Preparing for this presentation

- Unmotivated.
- Why?
 - I don't like teaching at people but I feel like that is what I am doing.
 - I don't like PowerPoint because it makes me feel useless (really, you can read).
 - There are a million other things I could be doing like...







So is this session motivating you, yet?

- Boring
- Monotone
- No Personality
- You don't know what to expect.
- You don't think you will get anything out of it.
- There is no personal link, or connection, being made.
- Looking for an exit, not a return, strategy.

The Real Presentation

How To Motivate Students



The background of the slide features a pattern of thin, vertical, light blue lines of varying lengths and positions, creating a textured, rain-like effect. A solid teal horizontal bar spans the width of the slide, positioned below the patterned area. The text is centered within this teal bar.

Interlude: The Michael Experience

The 8Rules of Motivation and Education

#1. Motivation is _____.



2. Motivation is _____.



#3. _____ never requires motivation.



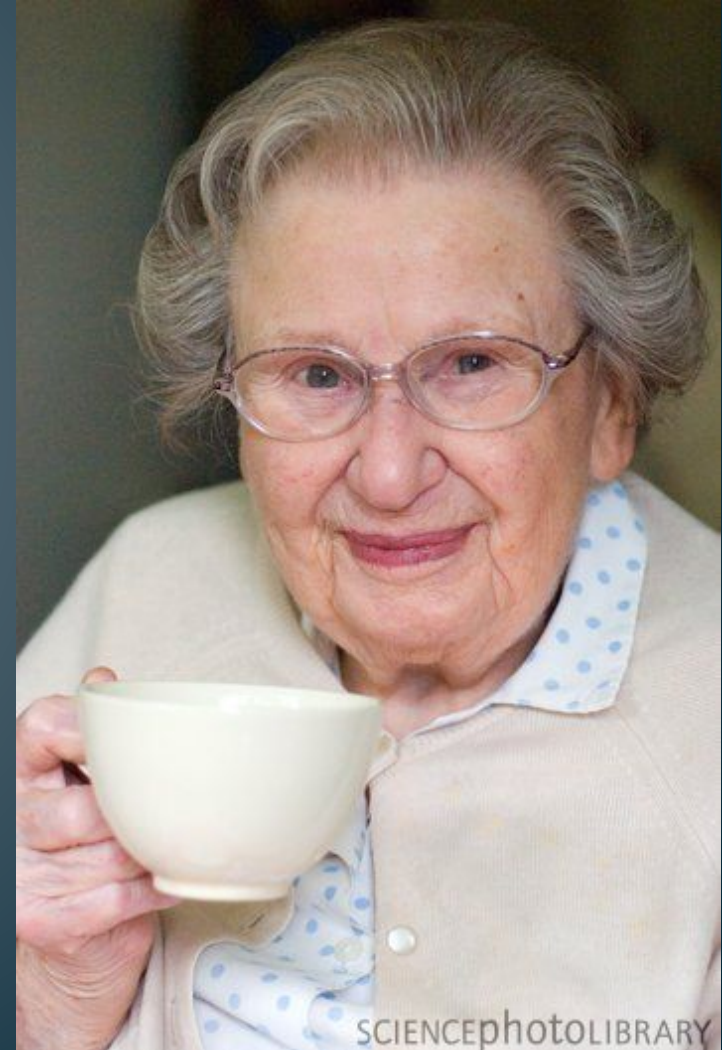
4. Motivation requires _____.



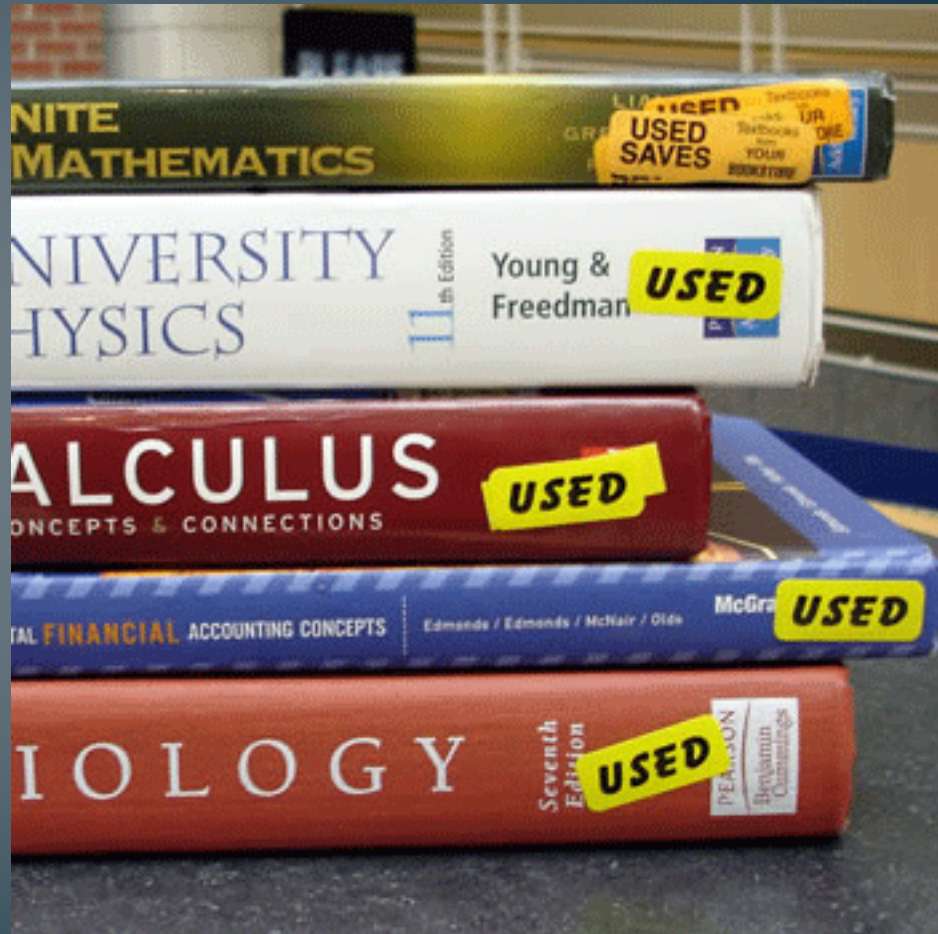
G O A L S

If you can see it, you can reach it ... except
for that tree ... you'll never reach it.

5. _____ will take you places and make you do things you don't want to do.



6. _____ are not motivating.



7. Motivation needs _____.



8. _____ are motivation murderers.

PROCRASTINATION FLOWCHART

**do something
right now**

→ No

Interlude: I HATE cows.

Intrinsic Motivation

3rd Grade

DRIVEN BY PLEASURE

WHAT THEY
ARE LEARNING
IS SIGNIFICANT
TO THEM



They Think It Is Important

Extrinsic Motivation

- Most Effective Extrinsic Motivators:
 - Money
 - Good Grades

Disincentives (or the made up word of “demotivators”)

- Those things we do as professors that effectively kill what little intrinsic motivation a student still possesses when they arrive at college.
- Remember: 3rd Grade



Interlude: The Unfortunate Plight of Squirrels



Things you can start doing:

- Pre-Semester:
 - Content Review: Is it you or just another textbook?
 - Syllabus as a marketing piece
- First Week (or initial introduction of course):
 - Paint the picture
 - Set the tone
- Throughout the semester
 - Weekly: Paint a smaller, yet more interesting, picture.
 - Periodically check-in... "Just Thinking of You" emails, for example.
 - Build squirrels into your course.

Things you can stop doing.

- STOP calling it an orientation or getting started module.
- STOP inviting procrastination and laziness.
- STOP rewarding procrastination and laziness.
- STOP killing the squirrel.
- STOP using the ball and chain.
- STOP being the robot.

ABOVE EVERYTHING ELSE....

**REMEMBER, MOTIVATION
IS CONTAGIOUS!**